



INTERNATIONAL
ICE HOCKEY
FEDERATION

SECTION 10

Quizzes



SECTION 10

An Understanding of the IIHF Official's Development Program - Officiating Procedures Manual

Upon completion of these quizzes, you will have a better understanding of:

- How you study the entire Officiating Procedures Manual;



Quiz 1

Section 1

IIHF Official's Development Program Structure

1. How many National Associations are there in the International Ice Hockey Federation?
2. What are the five classifications of competition that have been identified by the IIHF?
3. How many levels are there in the IIHF Official's Development Program?
4. Must a National Association Official's Development Program Level II official be at least 16 years of age and achieve 80% on a written national examination?
5. Must Level I and II officials pass an on-ice practical assessment?
6. Can a novice official obtain Level I and II certification in the same year?
7. To qualify to become a National Association Level III official must one undergo fitness and skating tests?
8. Must all Level IV officials pass an annual written national examination and fitness and skating tests to qualify for Premier International Competition?
9. Does being certified at any one level mean that an individual will be able to officiate all categories of hockey defined in that level?
10. What is the IIHF rule change process?



SECTION 10

Quiz 2

Section 2

Qualities of an Official

1. Can officials who are weak in some quality areas make up for it in others?
2. Will feedback from your peers and supervisors help you to evaluate your skills?
3. Is the key to success to maximize your strengths and disregard your weaknesses?
4. What does “Law of Return” mean?
5. Will a lack of proper fitness impede judgement?
6. Is appearance not important as long as the official has a good attitude?
7. Officials have two means to communicate on the ice. One is verbal; what is the other?
8. How should a person treat disrespect?
9. Is an official who changes the standard every period consistent?
10. Will proper positioning enhance a linesman’s performance?

Quiz 3

Section 3

Fitness and Nutrition

1. Should stretching motions be slow and smooth or slow and jerky?
2. Should skating warm-ups take body joints through the full range of motion?
3. Do knee pull stretches stretch the quad muscles?
4. Does active muscle contraction during the cool-down promote the removal of lactic acid?
5. What are the five components of sports fitness?
6. True or False? Running and stair master are two skating specific activities to increase CV endurance.
7. Should a maintenance weight training program have two or three work outs per week?
8. Should a jump training program start at a low intensity level?
9. Should a pre-game meal be low or high in sugar?
10. Should fluids be taken by officials before, during and after a game?



SECTION 10

Quiz 4

Section 4

Procedures for Referees

1. How long prior to a game should officials arrive at the rink?
2. When would you not point at a penalized player?
3. If a referee is assessing penalties to both teams at the same stoppage, what is the signal procedure to be used?
4. What is the referee's first responsibility when a fight breaks out?
5. Should the line change procedure be used at every stoppage of play?
6. How many stick measurements are allowed in a game?
7. Which players are allowed on the ice prior to the start of the game and periods?
8. Who goes on and off the ice first, the referee or the linesmen?
9. What three instructions does the referee give a player who is about to take a penalty shot?
10. When can a goalkeeper leave the crease on a penalty shot?

Quiz 5

Section 5

Procedures for Linesmen

1. Should linesmen always be outside the blue line when the play is in the end zone?
2. When all attacking players have cleared the zone on a delayed offside, should the linesman drop an arm and make a wash out signal?
3. As the play approaches the blue line, where should the linesman be positioned?
4. Whose responsibility is it to watch for premature substitution of the goalkeeper?
5. Can a linesman report infractions to the referee calling for Minor penalties?
6. Who retrieves the puck following a goal?
7. What does the term “Happy” bench mean?
8. Can a linesman covering for a referee blow the whistle on a goal?
9. Should linesmen hold players involved in a fight until they are on the penalty bench?
10. Where should the linesmen be positioned during a time out?



SECTION 10

Quiz 6

Section 6

Positioning

1. In the two men official system, how much ice does each official cover?
2. Where is **At the Net** positioning?
3. How does the referee get back to the boards after a face-off?
4. When you are the back official in the Two Official System, what should you be watching for in the end zone?
5. How far behind should a referee be when following the play, when the play is on the same side of the ice?
6. Why is the ability to anticipate the play very important to an official?
7. In the three men official system, who has the final decision on all matters pertaining to the game?
8. Where should the referee be positioned when the puck is in the neutral zone on the opposite side of the ice?
9. What is **No Man's Land**?
10. As a rule you are advised not to "climb the boards" if the play is coming towards you. Why?

Quiz 7

Section 7

Offside and Icing

1. What is the determining factor for offside at the blue line?
2. Does a deflection eliminate an offside call at the blue line?
3. If a player has one skate over the top of the blue line but not touching it and one skate over the blue line, is this offside?
4. What happens if a pass deflects off an official back into the defending zone while an attacking player is still in the attacking zone?
5. Can a player in an offside position go back onside at the blue line?
6. Is the goal crease line part of the goal crease?
7. If the puck is shot from behind the centre red line and over the opposing team's goal, is it icing?
8. If the puck is shot at the net in an offside situation, does the linesman blow the whistle immediately?
9. An attacking player, instead of clearing the zone on a delayed offside, intentionally plays the puck. Where is the ensuing face-off?
10. Can a player skate with the puck backwards into the attacking zone?



SECTION 10

Quiz 8

Section 8 Supervision

1. What are two objectives of supervision?
2. What four qualities must a supervisor demonstrate?
3. When supervising a game, to whom should you compare the officials on the ice?
4. What is the Referee Game Penalty Selection Form used for?
5. Does a supervisor have to know the National Association Official's Development Program guidelines?
6. Should an official feel comfortable enough to ask a supervisor questions on positioning or signals?
7. Does a supervisor provide constructive feedback between periods?
8. What is meant by corrective direction?
9. Should an official blame the other officials for mistakes?
10. Can a supervisor recommend the level of hockey that an official is capable of officiating?

Quiz 9

Section 9

Risk Management

1. True or False? Risk management is the process by which an organization identifies, assesses controls, eliminates or minimizes the risk of bodily injury or financial loss arising from its activities.
2. How many steps are involved in the risk management process?
3. Who is responsible for risk management?
4. The best approach to risk management is the.....approach.
5. True or False? The risk management process begins when you arrive at the arena.
6. True or False? The IIHF rules emphasis should not be considered a component of risk management.
7. What are the three important qualities of protective equipment that assist in reducing the risk of injury?
8. There are three ways that injuries occur. What are they?
9. Each team should have an Emergency Action Plan (EAP) in place. Who is usually identified as the EAP leader on a team?
10. True or False? Clothing with blood should be washed in cold water before it is used again.